



Gate City Striders eBoard Meeting Agenda

Meeting Date:
October 13, 2021

Start Time/Location:
7:15 pm -Zoom

Attendees:

<input type="checkbox"/>	Jeremy Berger	X	Amanda Naro
X	Diane Clifford	X	Tara Roark-Towle
X	Mark Crane	<input type="checkbox"/>	Scott Rogers
X	Carolanne Donovan	X	Steve Rouleau
X	Rob Fiero	<input type="checkbox"/>	Phil Petschek
X	Mark Furler	X	Carolina Tumminelli
X	Christy Kervin	X	Trevor Ward
X	Johanna Lisle Newbold	<input type="checkbox"/>	

Guests:

- **Opening Remarks (Steve Rouleau) (5 minutes).**

- **Secretary's Report (Carolina Tumminelli) (1-2 minutes)**
 - September Minutes - updated version with Boston Bus emails that occurred post meeting. Minutes accepted.

- **Treasurer's Report (Diane Clifford) (10 minutes)**
 - Updates -
 - paid the annual membership fee for Mill cities.
 - final expenses for Pack for police and timing came in.
 - final porta potty expense for trail series.
 - bill for annual services Diane uses also paid
 - Upcoming expenses - coaches for summer track which continues until 10/20.
 - Report on Budget -
 - Monthly budget review for 10/2021 -
 - Draft budget from Steve? Diane and Christy are currently reviewing what Steve has drafted. Steve will be sitting down with Diane in the next few days to make sure everything is good and will have it out to board by early next week.
 - The flags purchased for trail series were purchased by Rob F.

- What about Couch to 5K coaches? George has always declined it in the past. should we at least offer it?
 - Amanda has some budget stuff for Best of Boston - discussed below.
- **Committee Reports**
 - **Sponsorship/Outreach (Jeremy Berger) (5 minutes)**
 - Updates: No updates.
 - **Membership (Trevor Ward) (5 minutes)**
 - Updates: have finally added the new members from Couch to 5K. 18 new people signed up. Will bump up monies from membership and membership numbers.
 - Do we send out welcoming emails? - yes, Trevor sends out a detailed email to new members.
 - Susanne Yee mentioned that some new members said they never got a welcome email etc, so Trevor will reach out to Susanne to talk to her directly.
 - **Communication (CarolAnne Donovan/Mark Crane) (5 minutes)**
 - Updates – have a newsletter going out this week.
 - Wants to do a post congratulating everyone who ran Boston virtually or in person - for the public page.
 - Needs to include something about Mill Cities with a google form.
 - will include something about Novemberfest.
 - will start to advertise Penninchuck runs too.
 - **Competition (Johanna Lisle Newbold & Tara Roark-Towle) (5 minutes)**
 - Boston Marathon Application and Awarding Process- (no updates)
 - **Support for Virtual Boston GCS Runner's**-(Johanna) - Date: 10/9 - Thanks to Johanna for the support table. Had a lot of people come through.
 - **Boston Marathon Bus**- (no updates)
 - Mountain Series- last race is this saturday. (less than 10)
 - NHGP- just manchester half left, currently we are leading
 - NEGP- Completed. Aline Kenny won her age group for NEGP! Ended the series early - not doing the 5K.
 - Cross Country- not enough people for a team, only 2 races left. (only 2)
 - In terms of all these races, how many members - to think about race reimbursements. The majority of everything will be for NHGP.
 - **Social (Amanda Naro) (10 minutes)**
 - Updates
 - Awards Dinner
 - Hall of Fame –

- Annual Meeting (Amanda Naro)
- Best of Boston/Henri Renaud Awards (Amanda Naro) - reserved 11/15 date at NCC. **Have NCC booked out** - do we want to have an indoor event? we do have the large ballroom booked, and if we are going to have an indoor event, Amanda needs a budget.
 - Motion on having Best of Boston in person on 11/15 , motion seconded by Steve.
 - We can require masks, should be enough space for social distancing. We typically don't have more than 40 people at the Best of Boston event.
 - Does NCC have any guidelines and what are they?
 - Would we consider asking people for their vaccination status? Cases are going up.
 - Vote: 9 yes, 2 opposed.
 - Will we require vaccination status or wear a mask the entire night:
 - Vote: 2 abstains, 7 yes, 2 opposed.
 - Budget Proposal:
 - In 2019 the event cost \$1,600. (\$100 for NCC, \$200 for Andy, \$100 for gift cards, \$200 in checks for NH runners and \$200 in plaques)
 - NCC has gone up in price.
 - estimate - plaques and awards \$500-600, and for NCC budget for about \$1600.
 - Fixed costs: \$660 for Andy and Plaques, and Awards - Vote: Motion passes unanimously.
 - Food Budget: (does not include drinks) - proposed budget of \$1000 - Vote: - do we want to switch from pizza to just hor d'oeuvres. Does NCC require a minimum amount? Vote on \$1000 budget for food items (no drinks - only cash bar: motion passes unanimously.
- Scholarship Night/Health & Wellness Night (Amanda Naro):
- Ultimate Runner Night -
- Candlelight relay/Bell Lap celebration 10/20/2021 - will have a tent set up with lights, pizza.
- GCS Half Hunt - to date, hasn't had anyone send her photos. will make another post about it,
- has had a conversation with Shelly about a foam rolling/mobility virtual course - working on a timeline with her. Will work out details and then send it out to members.
- Will be reaching out to Jenelle at NCC to open up dates for awards dinner at the end of January. Do we want to do it on a Friday or Saturday. Aanda will get available dates first and then we can discuss as a board what to do. Will have it ready for the next meeting.

- **Training (5 minutes) -**
 - Winter Track - someone needs to reach out to the Dome to see if that is a possibility and then see what the interest levels are, etc.
 - Spring/Summer/Fall Track - (Stephen Rouleau) - last day is 10/20/2021 - Candlelight relay.
 - Couch to 5k - finished up.

- **Events/Races**
 - Freeze Your Buns: Updates - working on connecting with Rob Lembree to get things moving forward.
 - Gate City Marathon (Mark Furler) **(5 minutes) - Running Festival. Mark F. needs to open up registration and work on getting a new course because Main Street is not going to be able to be used for the foreseeable future. Plan is to go back to longer distances. At some point we need to discuss having the marathon going forward...Mark F is trying to look at a course to have one more marathon distance. to clear out the backlog of deferred runners, and then maybe move to just half, 5K and 1 mile for a running festival. Steve asked Mark F. to work on potential numbers etc to discuss as a group at the next meeting.**
 - Pack Monadnock 10 Miler -updates? **(5 minutes)**
 - Have all expenses come in so we can take action on extra donations to PAL and/or Boy Scouts?
 - Board Action:
 - -As part of online registrations, people had the option to make a donation to PAL. We received \$188.47 for PAL through that registration process (numbers NOT included above). We ask that the board donate this amount as a minimum to PAL and consider an additional amount, supplemented by race revenues.
 - -The Boy Scouts volunteered at one of our water stops. We had suggested a possible donation for their help, but made no guarantees. We ask the board to consider a token donation to the Boy Scouts with proceeds coming from race revenue.
 - What is the net number after all expenses in - \$1,800 profit on the event.
 - Motion by Steve - Seconded by Rob Fiero
 - Proposed Donation of \$250 (which includes the \$188) to PAL
 - Proposed Donation of \$250 to Boy Scouts -
 - Vote - In Favor: unanimous.
 - Diane will reach out to Brandyn Naro or Brian Ruhm re: donation to Boy Scouts.

- PAL Track & Field **(1-2 minutes)**
 - **Cancelled for 2021**
 - ***Follow-up: Still have a need for coaches for Spring 2022.***
 - Should we be looking outside the club? Steve will reach out to PAL to see if they have any ideas.

- PAL XC - Steve talked to Tom - they are all set for coaches. Website updates coming as it gets closer to the season starting. Carolanne will add something to the newsletter re: PAL - Steve will get her the info to include in the newsletter.
 - Mark Crane - any updates to the website - has not heard from Tom or Jen re: updates.
 - Summer Trail Series (Rob Fiero)- (1-2 minutes). no updates.
 - Fitness University (Carolina Tumminelli) - (1-2 minutes). no updates
 - Mill Cities Relay - (1-2 minutes) Date set - 12/5/2021
 - They are currently asking for a general idea for who might be showing up, vaccination status and whether they will be going to the post-race party if there is one. It will be part of the form to go out in the blast. Sounds like things are still influx regarding that event.
 - Novemberfest: Updates?
- **Community Outreach (Scott Rogers)** - potential trash cleanup at beginning of November?
 - Signage?

Other

- Trevor will cancel the portapotty that is at Nashua North after next week.
 - Singlets - email from Beth - Old singlets 15 small mens, 17 medium mens, 4 mens x-large, 6 women x-small and 5 women's medium, also has a few short sleeve shirts, and also has some sweater vest singlets.
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- **Adjourn Meeting - motion: Carolanne Seconded: Diane.**
 - **Next Meeting: November 10, 2021 @ 7:15p.m. TBD**