

Membership

Welcome New Members

Robert Meagher

Michelle Richard

Tara Gurry

Erin Brady

Mark Brady

Lauren Brady

Willa Breese

Paul Riley

Rebecca Powers

Eric Chorney

Jillian Busby

Steven Beaton	08/21/59	Robert Bottomley	09/07/74
James Belanger	08/27/54	Mark Brady	09/27/58
Max Belanger	08/27/91	Stephen Brouillette	09/16/54
Willa Breese	08/22/67	Derek Brown	09/02/88
Gordon Burnett	08/01/60	Eldon Burkinshaw	9/20/38
Brian Byrne	08/21/47	David Camire	09/18/55
Coleen Capprini	08/07/69	Jeannie Cleary	09/05/60
Warren Church	08/26/40	Skip Cleaver	09/26/44
Tom Conley	08/14/53	Bruce Conti	09/22/58
Domenic D'Intino	08/29/59	Donna Cooksey	09/26/63
John Eldredge	08/09/55	Adam Delia	09/17/87
Helen Ferrigno	08/25/37	Jason Dion	09/27/74
Brian Gill	08/09/76	Steve Doyle	09/12/52
Kim Humphreys	08/22/68	Brenda Dwyer	09/10/57
Fritz Hynson	08/07/36	Kate Eastland	09/08/01
Edward Kelly	08/31/67	Zach Emerson	09/24/84
Terry Kenney	08/16/40	Nicole Esposito	09/04/76
Teresa Kolb	08/24/91	John Fraser	09/01/82
George LeCours	08/02/50	Steven Frasure	09/21/52
Eliza LeCours	08/16/57	Richard Gage	09/26/51
Jane Levesque	08/24/41	Sandy Geisler	09/17/61
Bette Lewicke	08/04/52	William Goebel	09/09/54
Nora Lewis	08/06/59	Adrien Grise	09/26/73
Richard Macdonald	08/31/49	Pamela Hall	09/10/53
Peter Malinowski	08/18/54	Joselyn Hall	09/14/79
Sue Marrer-Strasen	08/17/51	Steve Harter	09/16/60
Christopher Matrin	08/29/72	Leni Hodgins	09/06/51
Pam Matviya	08/22/53	Alex Karwoski	09/16/90
Ian McQuaid	08/07/91	Jack Kick	09/25/32
Robert Meagher	08/14/52	Kathy Kirby	09/20/60
Manrico Mirabelli	08/24/65	Lynn Kisselback	09/07/62
Steve Moland	08/17/43	Debbie Ladner	09/07/53
Sydney Moland	08/31/87	John Paul Lewicke	09/25/85
Andrew Najberg	08/27/49	Moira McCabe	09/14/87
Christine Neville	08/02/60	Patrick McGrath	09/27/52
Edward Pancoast	08/06/57	Rosalie McQuaid	09/28/59
John Porter	08/26/59	Robert Michaud	07/11/41
Bill Prokop	08/12/66	Moe Noonan	09/10/43
Clyde Ratliff	08/24/52	Kathleen O'Leary	09/20/86
Robin Rocha	08/07/53	Joshua Panny	09/06/88
Chet Rogers	08/18/38	Jim Rhoades	09/28/68
Susan Rube	08/14/48	Betty Scanlon	09/12/36
David Salvas	08/13/49	Carol Sheil	09/17/56
Allain Schnable	08/18/47	Craig Sheil	09/09/81
Patricia Smith	08/17/40	Jim Slane	09/04/58
Bill Springer	08/09/39	Alvin Sproul	09/14/86
Justin Sproul	08/13/90	Brian Stevens	09/19/63
Debra Stellato	08/02/57	Connie Sylvain	09/16/77
Mark Terenzoni	08/05/63	Monica Vendituoli	09/04/92
Kathleen Terenzoni	08/28/63	Harry Ward	09/03/54
Christopher Treggiari	08/28/78	Mike Ward	09/11/59
Erica Vendituoli	08/04/95	Brian Werne	09/09/65
Phyllis Ware	08/31/48	Sascha Wheatley	09/01/84
David Wendt	08/16/46	Lauren Whitemore	09/18/90
Kristen Werne	08/14/64	Geoffrey Wilson	09/03/57
James Woodward	08/06/59		

EXPIRED MEMBERSHIPS

We are in the process of cleaning up the Club membership list and with this issue, will be notifying members when they need to renew. You will note that the mailing label for this issue clearly shows your current membership status. In addition, if your membership is due to be renewed in the two months that the Newsletter covers, your name will be listed on the last page above the membership form. As part of the cleaning process, the following members have let their membership expire and will be dropped unless it is renewed:

Helen Bradler
Kevin Beck
Terri Beiter

Joe Blouin
Robert Bottomley
Cathy Cray
Patty Danais
Sandra Darling
Julie Hanover
Debbie Ladner
Deanna Lee
Bob McKinney
Christine Nutile
Dave Peters
Randy Sheperd
Tania Stone
Kathleen Terenzoni
Julie Baker
Bill Burke
Natasha Dube
Daniel Fischer
Harold Freeman
Adrien Grise
Scott Hewett
Shawn Hill
Robert Holt
Paul MacDougall
Kristen MacWilliams
Susan Picard

Barry Reddick
Karen Zendzian
John Alexander
Augusta Barstow
Steve Birnbaum
Donald Burns
Brian Byrne
David Cormier
Walter Deschamps
John Genet
Melanie Kalafatis
Patricia Kiesselbach
Susan McIlvaine
Manrico Mirabelli
Ellen Pozzetta
Cynthia Shapiro
Judy Slane
Patty Stewart-Stubbins
Kathleen Treggiari
Alice Walton
Nicole Wheeler

Please take the time to renew so can continue to receive the many benefits of club membership..

This years **Gate City Striders Triathlon** will take place this summer at 8:00 A.M. on Sunday August 11th at Lake Potanipo in Brookline, NH. This event caters to first time participants but is open beyond Strider members. The course will be the same as previous years:

- o ¼ mile swim in lake Potanipo
- o 11 mile bike (2 x 5.5 mile loops)
- o 3 mile out and back run

Applications and additional information will be provided at our Wednesday Track Workouts starting this week. Applications will also be available for download from the website. If you can't participate but want to help out volunteers are also needed. For additional information please contact Chip Geisler at 421-1815 or chipgeisler@worldnet.att.net.

From Jim Hansen

I have noticed that the paving of the Nashua River Trail from just off 111A in Nashua to Ayer, MA has been completed this week. This is a straight flat 11 foot wide bicycle path. If you go down 111A to the Nashua Hollis line you will find Groton Road. There is now a parking lot about 1/4 mile down Groton road which is one end of the path. I have been using my kickbike on this and the trail is a real gem. They are now working on a dirt path next to it for horses, mountain bikes, runners, etc. Here is a link for more info on the trail. http://www.railtrails.org/field/new_england/active_pages/projects/main.asp?Action=DisplayDetailsFromFile&P_ID=11 The path is 11.9 miles long.