

Wednesday evening runs at Pennichuck JH at 6:00					1	2 Fresh Pond Boston 2.5/5 Mi
3 Freeze Your Buns 5k/5mi	4	5	6	7	8	9 Bradford Valentines 5mi/6k
10 MRM Peterboro 3.5mi	11	12	13	14	15	16 Fresh Pond
17 Freeze Your Buns	18	19	20 Club Meeting Merrimack YMCA	21	22	23 Fresh Pond
24	25	26	27	28	MAR 1	MAR 2 Fresh Pond

MARCH

3 Freeze Your Buns	4	5	6	7	8	9 Fresh Pond
10 Track SMAC	11	12	13	14	15	16 Fresh Pond
17 New Bedford 1/2Mar	18	19	20 Club Meeting Merrimack YMCA	21	22 National Masters Track Championships Boston	23
24 National Masters Track	25	26	27	28	29	30 Fresh Pond
31	APR 1	APR 2	APR 3	APR 4	APR 5	APR 6 SEA 5K Concord