



June 6, 2010 9:00am



Mail-in and Race-Day Registration Form

Make checks payable to "Gate City Striders"

Mail this form to "Pack Monadnock 10 Miler, P.O. Box 1065, Nashua, NH 03061"

Name:				
Address:				
City:				
State:		Zipcode:		
Phone:				
Email Address:				
Date of Birth:				
Age Today:				
Team Name:				
Gender (circle):	MALE	FEMALE		
Shirt Size (circle):	SMALL	MEDIUM	LARGE	X-LARGE
Race Fee:	\$29.00 on or before May 1 \$32.00 after May 1 and on race day			

Send email to info@packmonadnockrace.com if you have any questions.

Waiver must be read and signed

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run either before or during the race. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release the Pack Monadnock 10-Miler, Gate City Striders, Inc., The State of New Hampshire, town of Wilton, town of Peterborough, town of Temple, and all sponsors their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are non-refundable.

Signature Date Parent's Signature (if under 18)